

Free Fitness Classes

“Saddle Up” Cycling Class

Mondays 5:30pm-6:15 pm

“Zumba” Latin Aerobics

Tuesdays & Thursdays

5:30 pm –6:15 pm

“No Whining Allowed”

Boot Camp Style Class

Wednesdays 5:30-6:15pm

“Light Weight” Toning Class

Fridays 5:30pm-6:30pm

“6-pack” Abs class

Mondays & Wednesdays

6:15 pm-6:30pm

Jazzercise

Sunday 1:00pm-2:00pm

Tuesday & Thursday 6:00am-6:30am

Monday-Saturday 8:00am-9:15am

Monday-Saturday 9:15am-10:15am

Monday-Friday 4:30 pm-5:30 pm *

*(Friday Classes will end @ 5:00pm)

Monday-Thursday 5:40pm-6:40pm

Tuesday & Thursday 6:50pm-7:50pm

**Jazzercise classes require
additional registration**

**Register with
instructor during class**



FAMILY RECREATION CENTER RULES AND POLICY

1700 E Stan Schlueter Loop
Killeen, TX 76542

Phone: 254-501-6390

Fax: 254-501-6388



Hours of Operation

Monday-Friday

6:00 am-10:00pm

Saturday

7:00am-8:00pm

Sunday

12:00 pm-5:00 pm

www.ci.killeen.tx.us

MEMBERSHIP FEES

Annual Membership Fees for the Family Recreation Center

	Resident	Non-Resident
Family	\$400	\$650
Adult	\$175	\$300
Senior (55 & Older)	\$100	\$300
Youth	\$100	\$150
Joining fee	\$50	\$50
Day Pass	\$5	\$10

Annual
Payment

Annual Membership Fees for the Family Recreation Center

	Resident	Non-Resident
Family	\$440 (\$110/ Qtr)	\$700 (\$175/Qtr)
Adult	\$200 (\$50/Qtr)	\$360 (\$90/Qtr)
Senior (55 & Older)	\$108 (\$27/Qtr)	\$360 (\$90/Qtr)
Youth	\$100 (\$27/Qtr)	\$160 (\$40/Qtr)
Joining Fee	\$50	\$50

Quarterly
Installment
Payment Plans

Annual Membership Fees for the Family Recreation Center

	Resident	Non-Resident
Family	\$480 (\$40/ Month)	\$780 (\$65/Month)
Adult	\$240 (\$20/Month)	\$420 (\$35/Month)
Senior (55 & Older)	\$120 (\$10/Month)	\$420 (\$35/Month)
Youth	\$120 (\$10/Month)	\$180 (\$35/Month)
Joining Fee	\$50	\$50

Monthly
Installment
Payment Plans

Open House

Visit the Family Recreation Center
at no cost

Saturdays 5:00 pm to 8:00 pm

Sundays 2:00 pm to 5:00 pm

Membership Cards

- Fees do not include excluded classes, leagues, tournaments, events or concessions.
- Replacement ID cards will be issued at a fee of \$5.
- Fees must be paid by cash, check or credit card. Please make checks payable to the City of Killeen. Returned checks will be subject to a \$25 charge. All returned check fees must be paid in cash.

Resident vs. Non-Resident

- Proof of residency will be determined by showing a City of Killeen Utility Bill or Voter's Registration card.

Refund Policy

- \$50 Joining fee is non refundable
- Refund on membership will be prorated based on the membership used.

Gymnasium Rules

- No outside basketballs or volleyballs permitted in the facility. Balls are available for check-out at the control desk.
- Non marking court shoes only in the gymnasium.
- Locks must be removed daily from lockers.

Recreation Center Rules

- A valid membership pass is required to use the Family Recreation Center. Participants must scan their pass at the control desk to gain entry into the gym, track, game room, fitness center and/or aerobics' room.
- Youth under the age of 12 must be accompanied by an adult. Youth (17 and under) may not enter the center until 3:00 pm when school is in session.
- All clothing attire must be worn appropriately. Shirts & shoes must be worn at all times. Shorts and pants must not be sagging.
- Do-rags, beanies, or bandana's are not allowed
- Food, gum or drinks are not allowed past the control desk.
- Profanity or vulgar language is not allowed.
- Boom boxes or large radios are not allowed.
- Hanging on basketball/volleyball nets is not allowed.
- Changing T.V. channels is prohibited.

Indoor Track Rules

- Must be at least 16 years of age or accompanied by an adult.
- The track is for walking only. One mile equals 13 laps.
- Do not sit or lean on the rails.
- Arrows indicate the walking direction.
- Standing on the track is not allowed.
- Spectators are forbidden on the track. For safety reasons please do not stop while on the track. If you need to rest, please do so in one of the corner areas of the track.
- Strollers and carriages on the track surface are forbidden.

Fitness Center

- Members who wish to use this facility must be trained by a fitness center staff member on safety and proper care of the equipment.
- Members age 13-15 can access the equipment **UNDER THE SUPERVISION OF THEIR PARENT/GUARDIAN.**
- Equipment must be wiped down after each use. Towels are available at the front desk. No Towel-No Workout!
- A spotter is required when using the free weight equipment.
- Free weights and dumbbells should never be placed on upholstered benches or other equipment. Do not “drop” weight plates. Please put everything back in its proper place.

Child Care Schedule

Child care assistants have up to date certification.

Morning

Monday—Friday

8:00 am to 10:15 am

Saturday

9:15 am to 10:15 am

Afternoon and Evenings

Sunday

1:00 pm to 2:00 pm

Monday and Wednesday

4:30 pm to 8:00 pm

Tuesday and Thursday

4:30 pm to 8:00 pm

Friday

4:30 pm to 8:00 pm

- Children must be walking and potty trained up to the age of 7 to be accepted in the child care room

Game Room

Amenities include foosball, air hockey, Wii, Play Station, X-Box 360, ping pong, free internet access

- Children 8-15 ONLY